



10 ways to play with bubbles

- 1 || Pop them with different body parts. Try your toes, your elbow, and your nose!
- 2 || Concentrate on your breath and breathe slowly, softly, deeply. Try quick bursts of breath. This is great way to teach kids to control and think about their breath!
- 3 || Make bubble snakes! Take an empty plastic water bottle and cut off the bottom. Duct tape or rubber band and old sock over the opening. Dip the sock into bubble solution or a mixture of dish soap and water. Have kids blow into the mouth of the water bottle and create a really cool bubble snake!
- 4 || Jump to pop bubbles! Blow bubbles low to the ground for your child and see if he can jump up and pop them.
- 5 || Make your own bubble wands with the pipe cleaner and beads in the bag!
- 6 || Try to catch bubbles! Put a sock over your hand and try to catch a bubble that you blow without it popping! The sock will help!
- 7 || Make a painting. Mix some bubble solution with a touch of washable paint. Dip your wand in and blow bubbles onto a piece of white paper. Voila...masterpiece!
- 8 || Simon Says....blow a big bubble, blow a bubble inside a bubble, blow a tiny bubble, blow 5 bubbles, etc....what else can you think of?
- 9 || Bubble Blast. How many bubbles can you blow with just one breath?
- 10 || Keep it up! Blow a bubble and try to keep it in the air the longest by blowing up at it gently. Count to see how long you can go!