



SST has a lot to be thankful for this year... 2010 has been a period of change, hard work, laughter, and growth. We have many new announcements to share!

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From our family, to yours... We wish you a very merry, safe and warm Holiday and New Year!

Best wishes ~

The SST Family



OCCUPATIONAL THERAPY CORNER

Sign up for our Infant Touch & Massage Classes...

We are now offering private and group classes for Infant Touch and Massage. Classes will be scheduled both individually and in multiple family format. The classes are open to special needs and typically-developing babies (birth to pre-crawling).

The goal of family-centered touch and massage is to learn how to read your baby's cues/non-verbal communication, recognize interaction through touch with your baby, and then adapting your massage approach so that it supports your child's sensory needs and capabilities. Emphasis will also be placed on positioning and specific techniques for concerns with colic, constipation, reflux, congestion, etc. Other benefits of infant massage include promotion of parent-infant bonding, stimulating baby's brain development, decreasing stress, creating better sleeping patterns, improving muscle tone and circulation, and much more!

Gym Expansion and Open House a Great Success!

We had a wonderful turn-out at our Occupational Therapy Gym Expansion this past July. Thanks to all who came out to celebrate with good friends and good food! View the pictures on Facebook!

NOW HIRING Occupational Therapists

Here we grow! Our Occupational Therapy Program has been such a great success, that we are already ready to hire! Looking for a Full or Part Time Occupational Therapist to work within or new Occupational Therapy Gym. Send resume and letter of intent to: info@specializedspeech.com.

SST HOLIDAY COMMUNITY OUTREACH

Our Food, Clothing, and Toy drive is back!

Accepting non-perishable food items, gently used or new toys and clothing until Thursday, December 2nd. To benefit Our Holy Family Church and their outreach center in Columbus.

We will be closed on Friday, December 10 for the SST staff to volunteer at Our Holy Family again this year. Last year, we sorted and handed out clothing to those in need. Let's see what they have in store for us this year!

See your therapist for their holiday schedule. Please also let us know of any changes in your schedule over the Holidays ASAP.





PLANS FOR THE NEW YEAR?

Here are some of our Kid-Friendly suggestions ...

New Year's Eve:

- * *First Night Columbus*: a night of kid-friendly music and event. Bring in the New Year with Columbus' 15th annual downtown celebration that begins at 5 pm and features over 150 entertainers in 15 performance venues. www.firstnightcolumbus.com
- * *First Fridays- Downtown Delaware*: kid-friendly crafts and games at Andrews House and extended shopping and gallery-hopping opportunities as many merchants stay open late to welcome visitors. www.delawareohio.net
- * *Blue Jackets Game*: 7pm on Friday. Perfect for you big sports fans! www.bluejackets.com

New Year's Day:

- * *Short North Gallery Hop*: Shopping, food, and art! Everything is open late! Event starts at 4 pm. www.shortnorth.org
- * *Unveiling the New Columbus Museum of Art*: "This free community celebration begins on the Broad Street lawn with hot chocolate, roasted chestnuts, music, loads of confetti (biodegradable, of course) and a grand unveiling and ribbon-cutting ceremony. Start the New Year with a resolution to share the new CMA experience with friends, neighbors, and the extended Central Ohio community." www.columbusmuseum.org

Either day:

- * *Wild Lights at the Columbus Zoo and Aquarium*: lights, ice skating and hot chocolate. Need we say more? www.columbuszoo.org
- * *Franklin Park Conservatory*: Celebrate the holidays with the Conservatory's festive display of lights, holiday trees, and over 100 varieties of beautiful poinsettias. The annual poinsettia tree, Breakfast with Santa, Candlelight Nights, and exciting family activities help bring the holidays to life. www.fpconservatory.com

AUTISM ANNOUNCEMENTS

We are now Autism Scholarship Providers for Speech and Occupational Therapy!

As of September 2010, Specialized Speech Technologies, Inc. is now a billable provider for The Autism Scholarship Program. Read more about the program and see a full list of providers at the Ohio Department of Education website: <http://www.ode.state.oh.us/GD/Templates/Pages/ODE/ODEDetail.aspx?page=3&TopicRelationID=1540&ContentID=6678>

Walk Now for Autism Speaks

In October, SST had 50 walkers on our team "Talk to the Hand" (name coined by our very own Megan!) It was a gorgeous day spent with friends, family, and fellow supporters of Autism. We raised over \$1400 for the awareness, research, and treatments for autism! Pictures have been posted on our Facebook page. Go team! Thanks to all who donated, walked, or contributed in some way to this great success!

OUR SOCIAL-LANGUAGE GROUPS ARE EXPANDING!!

Call now to inquire about openings!

Our Year-Round Language Groups are literature-based, thematically structured groups of up to 5 children who exhibit similar delays/deficits in expressive, receptive and/or social language skills. Sessions include story and circle times, gross motor, fine motor, and art/craft activities as well as snack time. A Licensed Speech-Language Pathologist who is accredited by the American Speech and Hearing Association develops and conducts the sessions. In some cases, a Registered Occupational Therapist will assist. Parent handouts, progress reports, and feedback are an integral part of our program. A wonderful way to apply skills in a functional and "real world" setting!

Toddler/ Preschool (ages 2-4)*
Elementary School (ages 5-8) **
Middle School (ages 9-13)**
High School (ages 14-18)**

**Involves both a Speech-Language Pathologist and Occupational Therapist with a focus on both language and sensory interventions.*

***All school-age groups involve a Speech-Language Pathologist with focus on both language and social skills.*

All classes meet weekly for one hour. Call for current class times. Sessions may be covered by medical insurance.

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